

Observational cosmology: Inflation

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Big Bang and Inflation

After these lectures, you should be able to:

- Describe the three key problems with the Big Bang model
 - The flatness problem
 - The horizon problem
 - The monopole problem
- Describe the key aspects of the theory of inflation
- Explain how inflation solves the key problems with the Big Bang
- Discuss primordial perturbations arising from inflation

Successes and failures of the Big Bang model

Successes:

- Explains expansion of the Universe
- Predicts the CMB
- Explains abundance of light elements

Failures:

- The flatness problem
- The horizon problem
- The monopole problem

The Flatness Problem

- Consider $\Omega_{\text{tot}} = \rho_{\text{tot}} / \rho_c$
 - The total physical density relative to critical at any given redshift
 - $\rho_{\text{tot}} = \rho_m + \rho_R + \rho_{\text{DE}}$

- Re-arrange the Friedmann equation:

$$|\Omega_{\text{tot}} - 1| = \left| \frac{k}{\dot{a}^2} \right|$$

Sign is irrelevant here so take modulus

- Today: $\Omega_{\text{tot}}(t_0) = \Omega_m + \Omega_R + \Omega_\Lambda$
- Observations (CMB anisotropies) give
 - $|\Omega_{\text{tot}} - 1| < 0.1$
- How does $|\Omega_{\text{tot}} - 1|$ vary with time?

$$\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi G}{3} \rho - \frac{k}{a^2}$$

$$\rho_c = \frac{3H^2}{8\pi G}$$

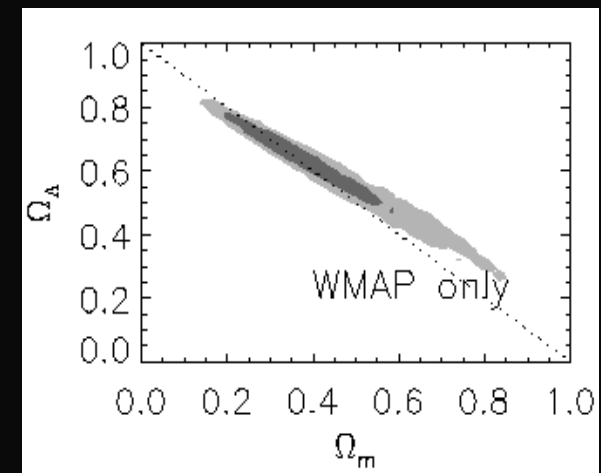
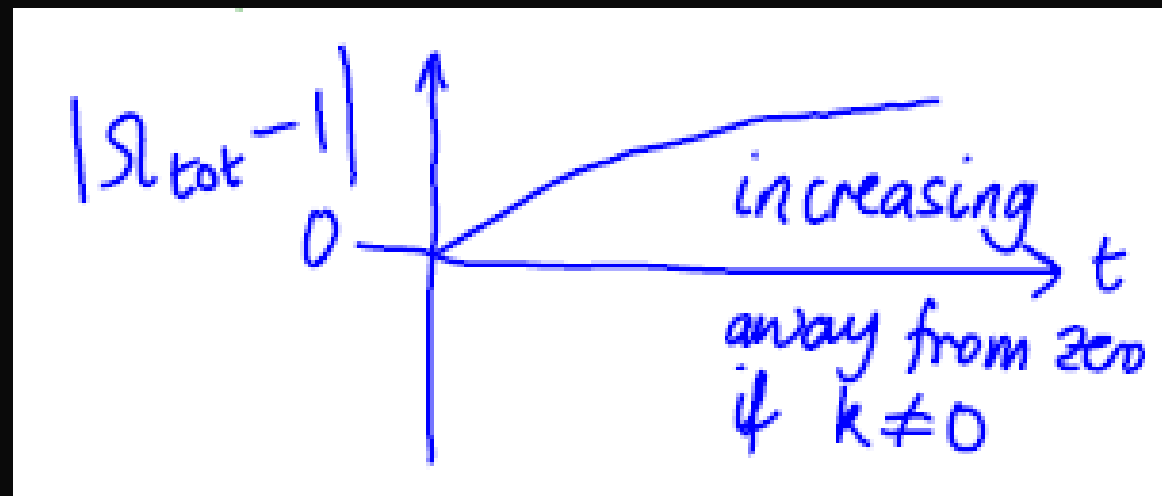
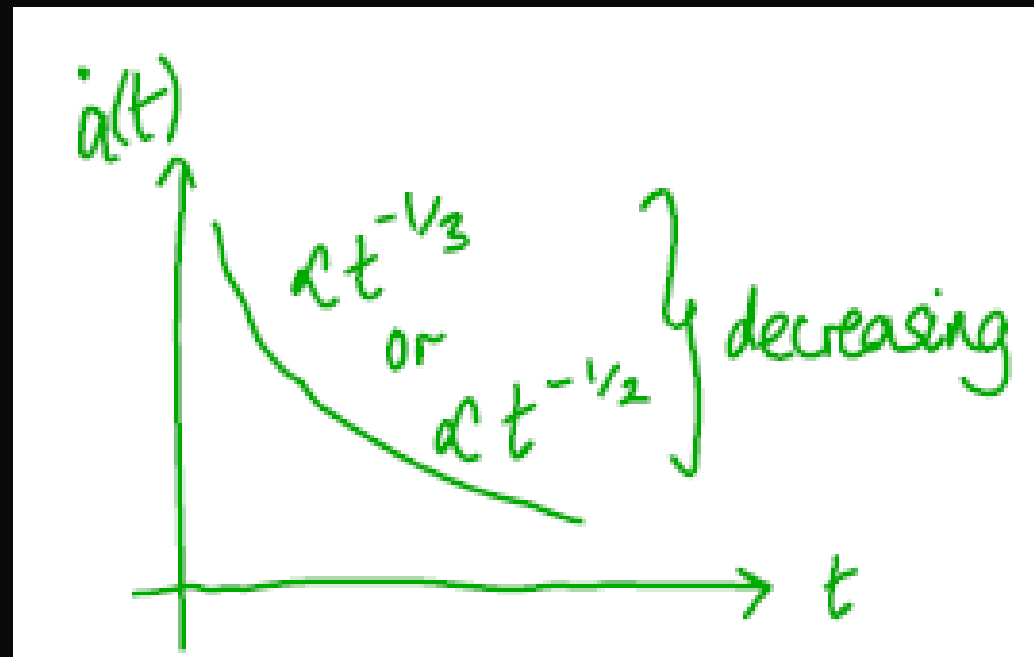
$$\Rightarrow H^2 = H^2 \Omega_{\text{tot}} - \frac{k}{a^2}$$

rearrange
take
modulus

$$\Rightarrow |\Omega_{\text{tot}} - 1| = \left| \frac{k}{a^2 H^2} \right|$$

$$= \left| \frac{k}{a^2} \right|$$

- Remember how the derivative of a changes as a function of time
- So $\Omega_{\text{tot}} - 1$ goes as t to the power of 1 or 2/3 depending on matter domination or radiation domination. Either way it should increase with time
- This means that the solution $\Omega_{\text{total}} = 1$ is unstable



How bad is the flatness problem?

What was $|\Omega_{\text{tot}}(t_{\text{nuc}}) - 1|$ at nucleosynthesis ($t = t_{\text{nuc}}$) if today $|\Omega_{\text{tot}}(t_0) - 1| = 0.1$?

We have $|\Omega_{\text{tot}}(t) - 1| = k \frac{\dot{a}^2(t)}{a^2(t)}$

$$\Rightarrow |\Omega_{\text{tot}}(t) - 1| = \left(\frac{\dot{a}(t_0)}{\dot{a}(t)} \right)^2 |\Omega_{\text{tot}}(t_0) - 1|$$

$$\text{eg. radiation dom: } = \left(\frac{t_0}{t} \right)^{-1} |\Omega_{\text{tot}}(t_0) - 1|$$

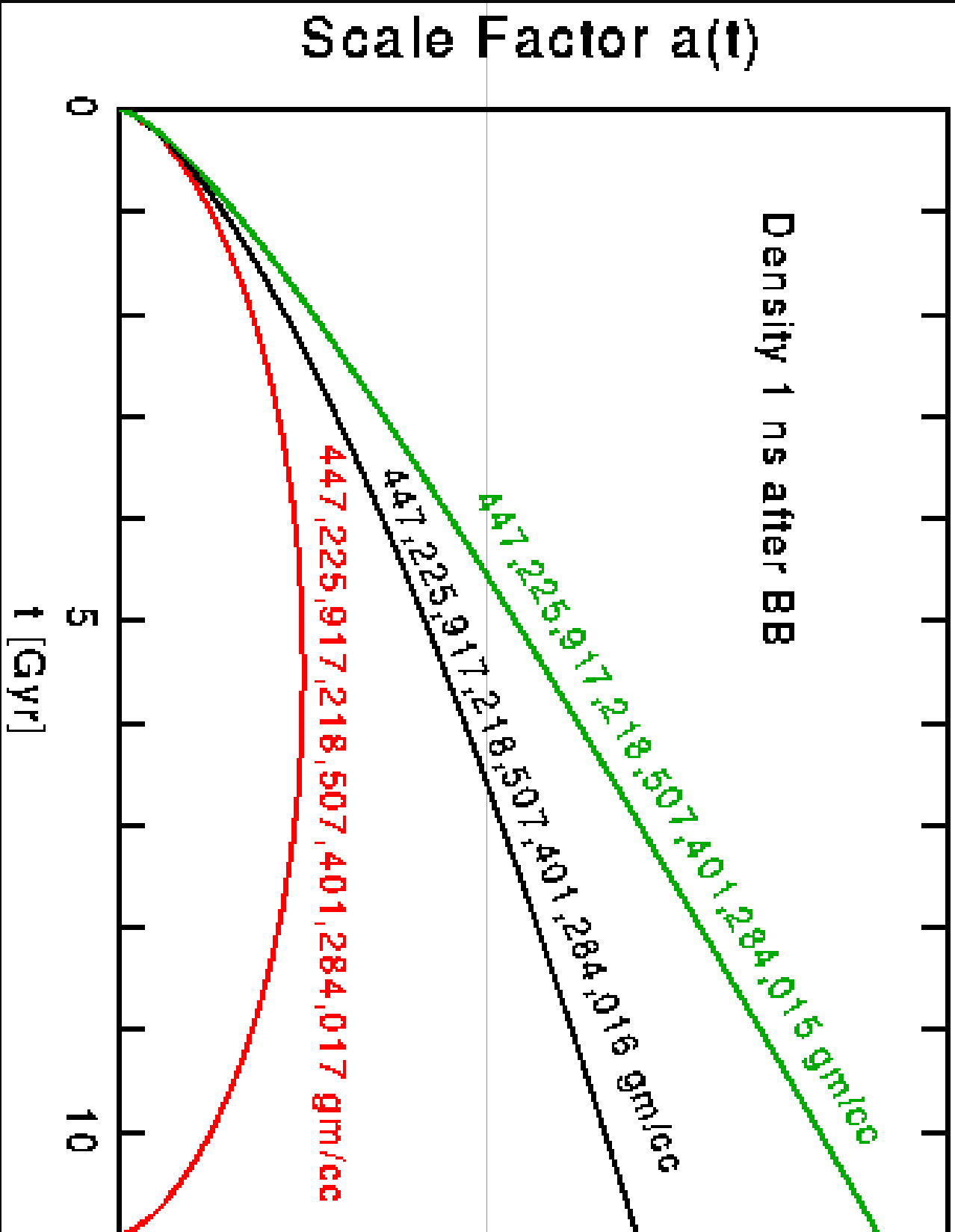
$$t_0 \sim 10 \text{ Gyr} \sim 10^{17} \text{ s}$$

$$t_{\text{nuc}} \sim 10 \text{ s}$$

$$\Rightarrow |\Omega_{\text{tot}}(t_{\text{nuc}}) - 1| \sim 10^{-16} \times 0.1 \\ \sim 10^{-17}$$

$$0.9999999999999999 \times 10^{17} < \Omega_{\text{tot}}(t_{\text{nuc}}) < 1.0000000000000001 \times 10^{17}$$

Very close to 1!




The Horizon Problem

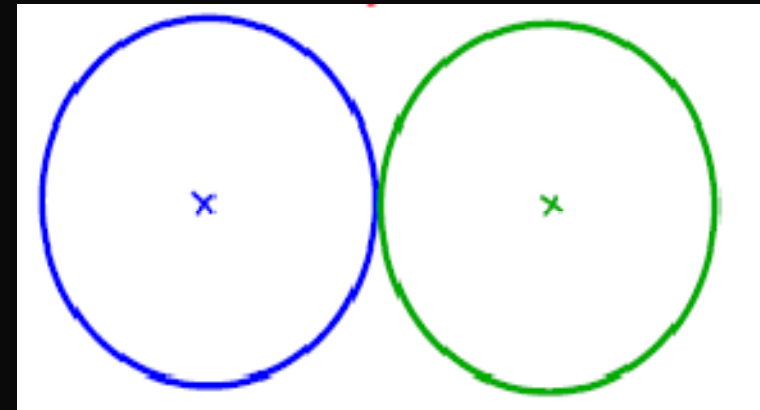
- “Horizon size”: distance light could have travelled since the Big Bang
- Consider CMB photons from opposite sides of the Universe:
 - Light has not yet travelled between those points
 - Yet CMB properties are the same
- Why?
 - Would like a theory in which this arises naturally...

A B
x x early times

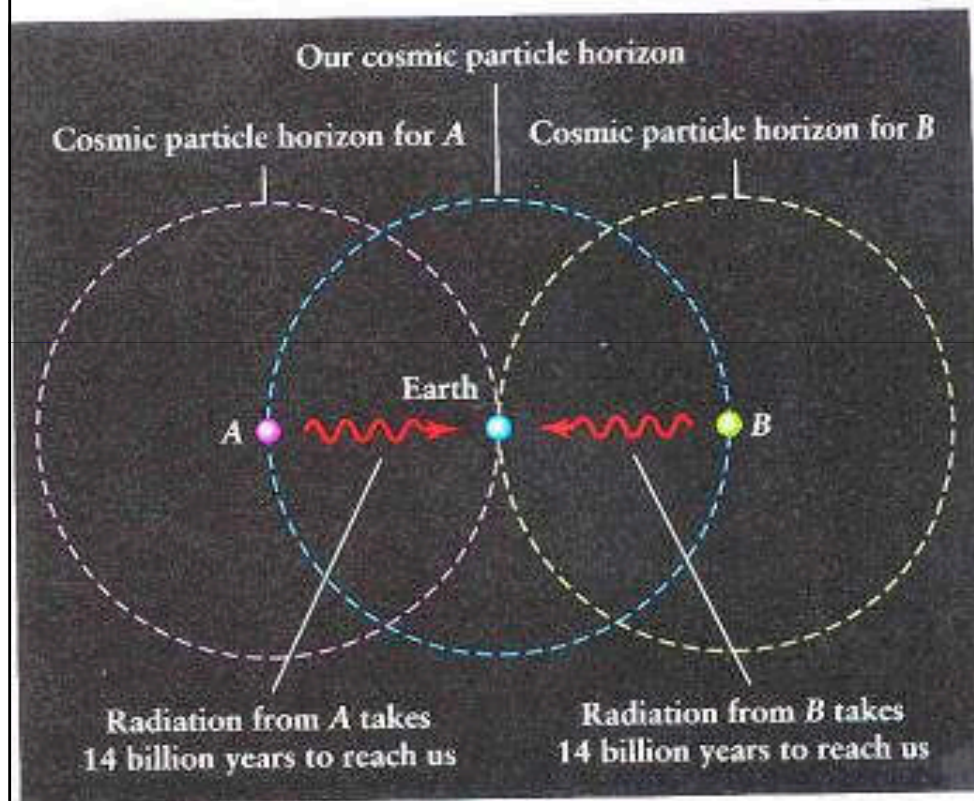
Imagine
light propagating
outwards



radius the light reaches



The horizon problem



- Light from A has no time to reach B (it takes longer than the age of the Universe)
- A and B can not communicate
- So **why is the Universe isotropic?**

The Monopole Problem

- Magnetic monopole = type of particle
- Believed to be an inevitable consequence of Grand Unification Theories (GUTs)
 - Expect enormous numbers of them
 - Mass $\sim 10^{16} m_H$ = huge
- Not observed
- Numbers predicted would easily close the Universe (not observed)
- Particle physics also predicts similar problems for other massive particles e.g. gravitinos

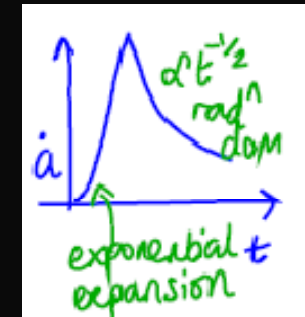
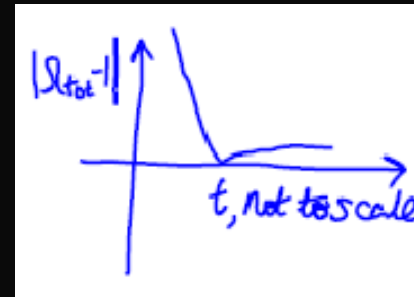
Inflation

- \equiv Phase of rapid acceleration
 - Proposed as an add-on to the Big Bang model (Big Bang Inflation model)
- Could be caused by something like a cosmological constant
 - Often called the “inflaton”
 - Leads to exponential expansion
- Inflation must have ended
 - e.g. to allow gravity to form galaxies
- Thought to happen very early
 - $t \sim 10^{-34} \text{ s}$
 - \Rightarrow Negligible changes to calculations we already did

Implications of Inflation

- Flatness problem:

- Rapid accel \rightarrow \dot{a} grows rapidly
- $|\Omega_{\text{tot}} - 1|$ reduces dramatically
- Analogy:
 - Blow up surface of balloon
 - Looks flatter



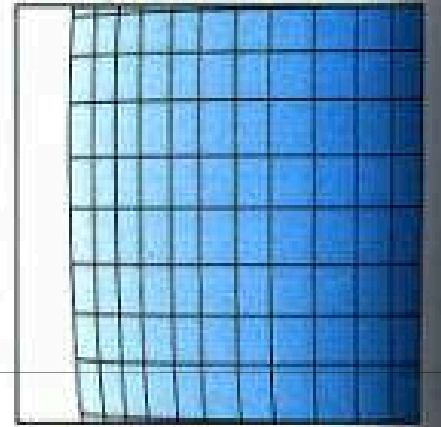
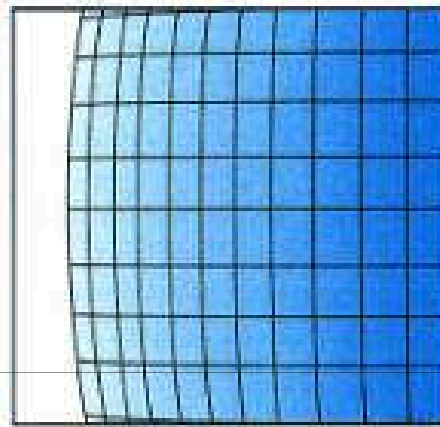
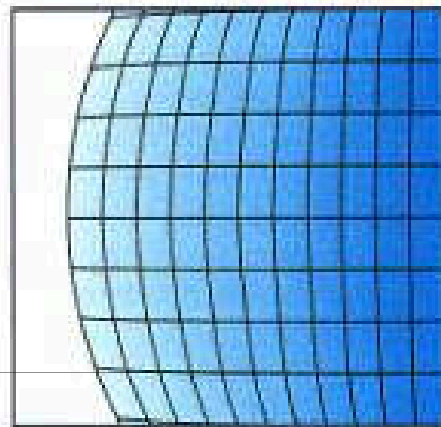
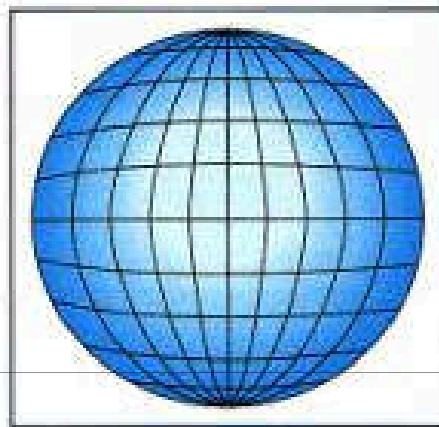
- Horizon problem:

- Small thermalised patch of Universe is inflated beyond the current horizon
- We see homogeneity

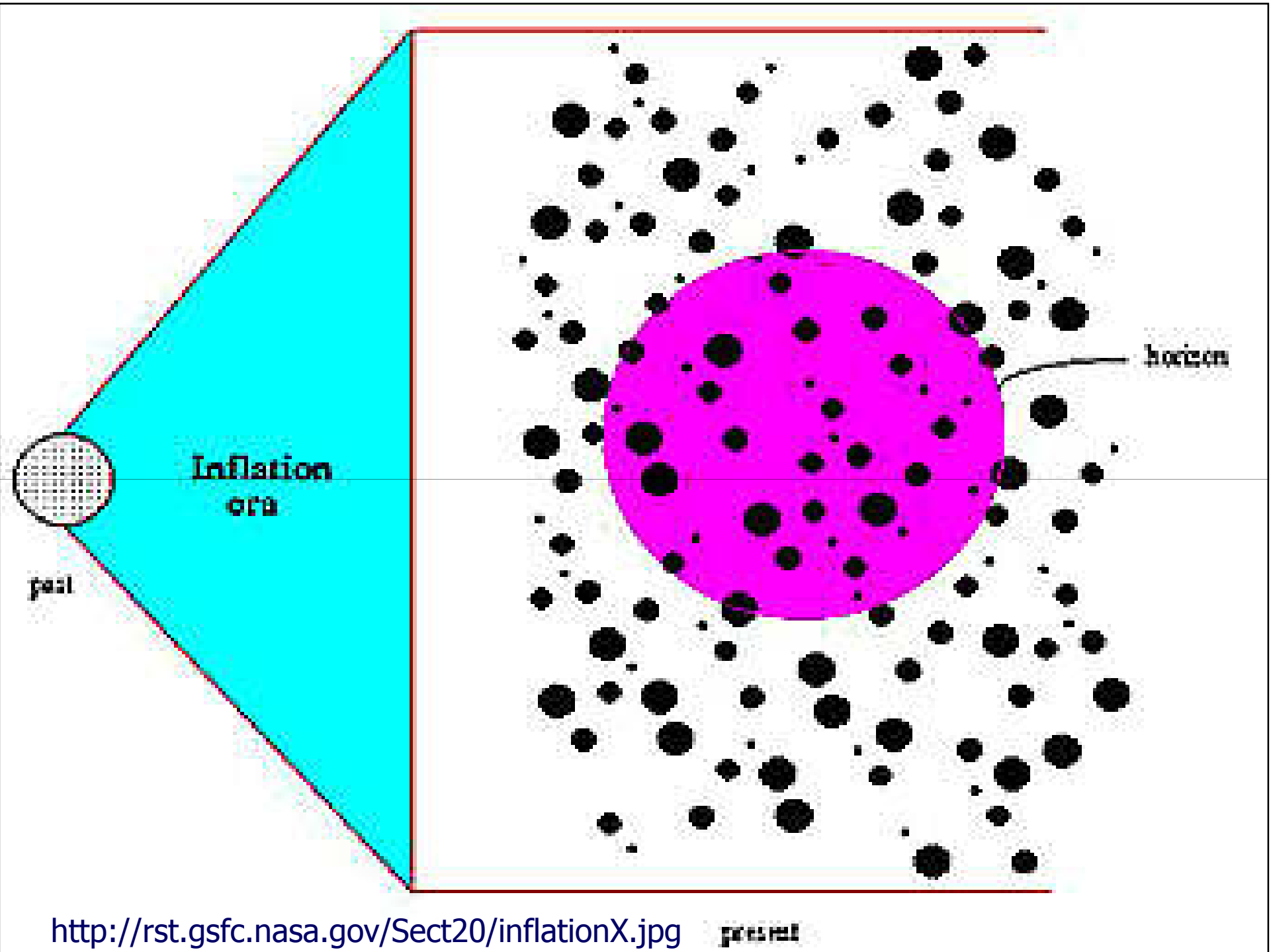
- Monopole problem:

- Number density of monopoles is dramatically reduced

Inflation solves flatness



- Sphere inflated by factor 3 in each frame
- Curvature becomes undetectable on scale of figure
- Inflation can produce locally flat Universe



Derive $a(t)$ for a Universe dominated by a cosmological constant (assume $\Omega_k = 0$)

- $\Omega_\Lambda \neq 0$, $\Omega_m = 0$, ($\Omega_k = 0$), $\Omega_c = 0$

- Friedmann eqⁿ: $\left(\frac{\dot{a}}{a}\right)^2 = H_0^2 \Omega_\Lambda$

- Solve for $a(t)$: $\frac{\dot{a}}{a} = H_0 \Omega_\Lambda^{1/2}$

$$\frac{da}{a} = H_0 \Omega_\Lambda^{1/2} dt$$

$$\ln a = H_0 \Omega_\Lambda^{1/2} t + Q \quad \leftarrow \text{const}$$

$$a = e^Q e^{H_0 \Omega_\Lambda^{1/2} t}$$

- Set constant by considering the present day:

$$a=1 \text{ at } t=t_0 \Rightarrow 1 = e^Q e^{H_0 \Omega_\Lambda^{1/2} t_0}$$

$$\Rightarrow e^Q = e^{-H_0 \Omega_\Lambda^{1/2} t_0}$$

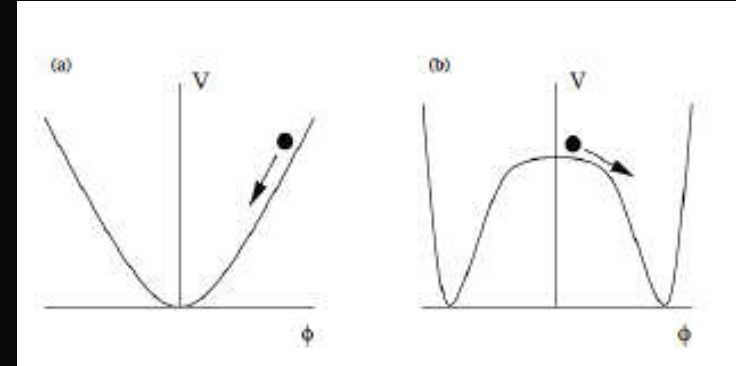
$$\Rightarrow a = e^{H_0 \Omega_\Lambda^{1/2} (t-t_0)} \quad \parallel$$



Inflation needs scalar fields:

- For a field ϕ that exists in space

$$T^{\mu\nu} = \partial^\mu \phi \partial^\nu \phi - L g^{\mu\nu}$$



$$L = \frac{1}{2} \partial_\mu \phi \partial^\mu \phi - V(\phi)$$

where L is the lagrangian.

- Comparing to a fluid as before we have:

$$\begin{aligned} \rho &= \frac{1}{2} \dot{\phi}^2 + V(\phi) + \frac{1}{2} (\nabla \phi)^2 \\ p &= \frac{1}{2} \dot{\phi}^2 - V(\phi) - \frac{1}{6} (\nabla \phi)^2 \end{aligned}$$

$$w = \frac{\frac{1}{2} \dot{\phi}^2 - V(\phi)}{\frac{1}{2} \dot{\phi}^2 + V(\phi)}$$

- Equivalent of Friedman eq: $\ddot{\phi} + 3H\dot{\phi} - \nabla^2 \phi + V' = 0$
- If $V(\phi)$ bigger than the kinetic term slow roll (see later):

Derive the Friedman equation for fields.

- We start with the fluid equation
- We replace the density and pressure for scalar fields in.
- This gives:
- Dividing by the derivative of phi:

$$\dot{\rho} + 3\frac{\dot{a}}{a} \left(\rho + \frac{p}{c^2} \right) = 0$$

$$\begin{aligned}\rho &= \frac{1}{2}\dot{\phi}^2 + V(\phi) + \frac{1}{2}(\nabla\phi)^2 \\ p &= \frac{1}{2}\dot{\phi}^2 - V(\phi) - \frac{1}{6}(\nabla\phi)^2\end{aligned}$$

$$\ddot{\phi}\dot{\phi} + \frac{dV}{dt} + 3H\dot{\phi}^2 = 0$$

$$\ddot{\phi} + 3H\dot{\phi} + \frac{dV}{d\phi} = 0$$

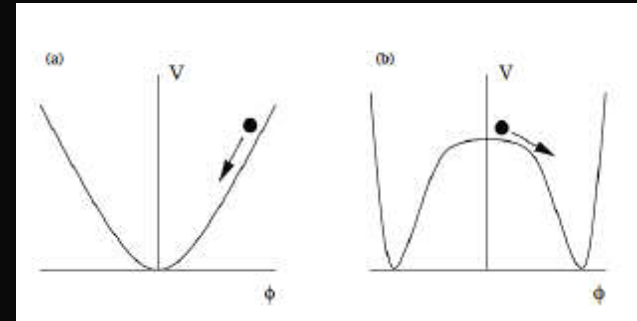
Slow roll and ending inflation:

- Slow roll parameters:

$$|\eta| \equiv \left| \frac{m_{pl}^2}{8\pi} \frac{V''}{V} \right| \ll 1$$

$$\epsilon \equiv \frac{m_{pl}^2}{16\pi} \left(\frac{V'}{V} \right)^2 \ll 1$$

- Inflation ends when the field is near the bottom and slow roll is no longer satisfied.



- The Universe reheats
- The field can oscillate being damped by $3H$ term
- Number of e-foldings is:
 - Need about 60 e-folds...

$$N = \int H dt = -\frac{8\pi}{m_{pl}^2} \int_{\phi_{init}}^{\phi_{final}} d\phi \frac{V}{V'}$$

Show that this is equivalent to lambda expansion, i.e. exponential

- Starting from:
- The friedman equation is equivalent to:
- Assume slow roll. This is equivalent to the first term in the first equation to be negligible and the derivative of the field in the second equation.
- Replacing one of the H into the first equation:
- Rearranging and removing the time dependence:

$$\ddot{\phi} + 3H\dot{\phi} + \frac{dV}{d\phi} = 0$$

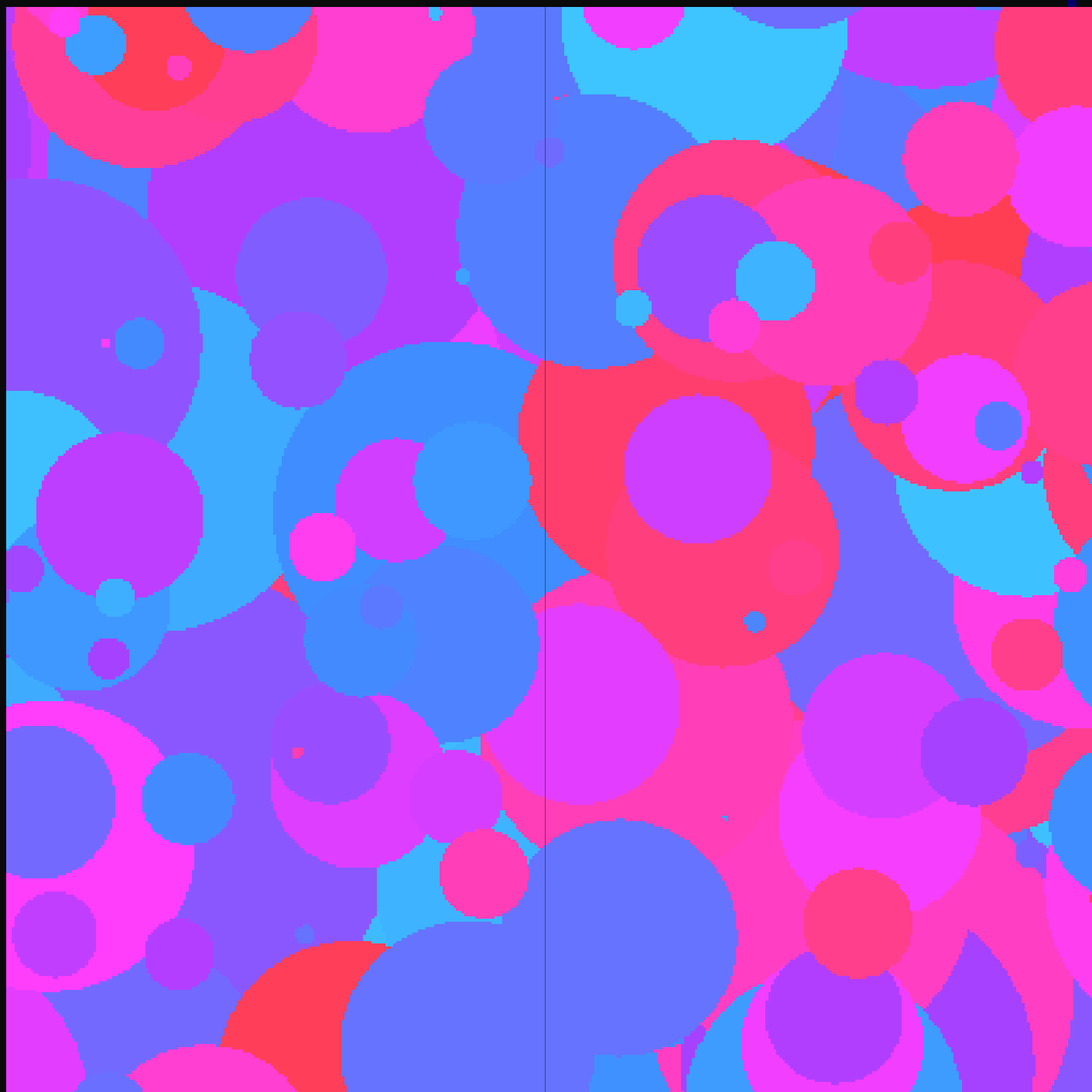
$$H^2 = \frac{8\pi G}{3} \left(\frac{\dot{\phi}^2}{2} + V \right)$$

$$\frac{8\pi G}{H} V\dot{\phi} + V' = 0$$

$$\frac{da}{a} = -8\pi G \frac{V}{V'} d\phi$$

Inflation produces density perturbations

- Pointed out 1 year after inflation was proposed.
- Tiny quantum fluctuations are blown up to large scales
- Tiny quantum fluctuations continue to be produced during inflation
 - All scales have a similar amplitude of fluctuations just after inflation
- Gravity amplifies these fluctuations into galaxies and clusters of galaxies...
- Seems to fit observations well, possibly the most convincing success of inflation.



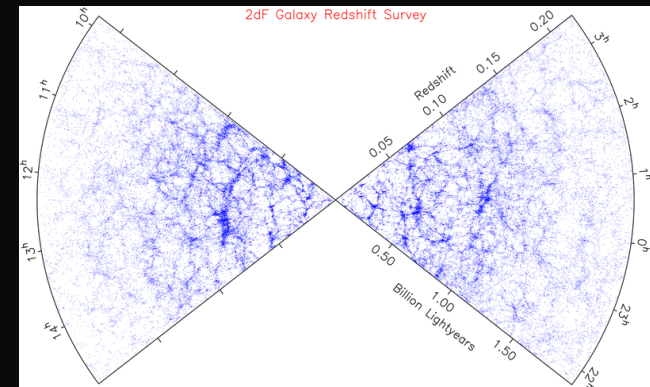
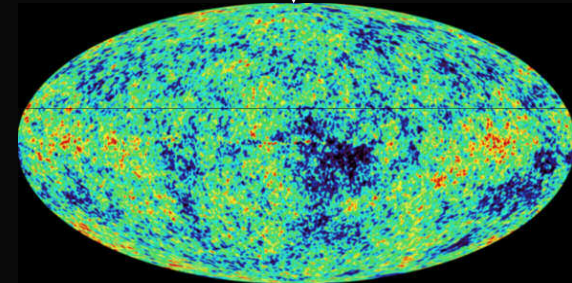
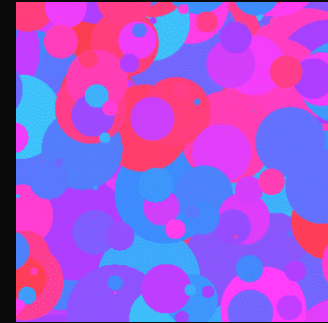
Inhomogeneities in the Universe

Relevant comments on inhomogeneities:

- Quantum fluctuations during inflation produce inhomogeneities
- CMB fluctuations ~ 1 in 100,000
- Galaxies today are clumped

Current thinking:

- Gravity amplifies fluctuations
- Before recombination
 - Competing effects of gravity and pressure
- Next lecture more in detail...
- Laws of physics predict what we see
 - Mainly gravity and electromagnetism



Power Spectrum of density fluctuations

Field of density fluctuations

$$\delta(x) = \frac{\delta\rho(x)}{\bar{\rho}}$$

Fourier transform

$$\delta(k) = \int d^3x e^{-ik \cdot x} \delta(x)$$

Power spectrum essentially square of Fourier transform

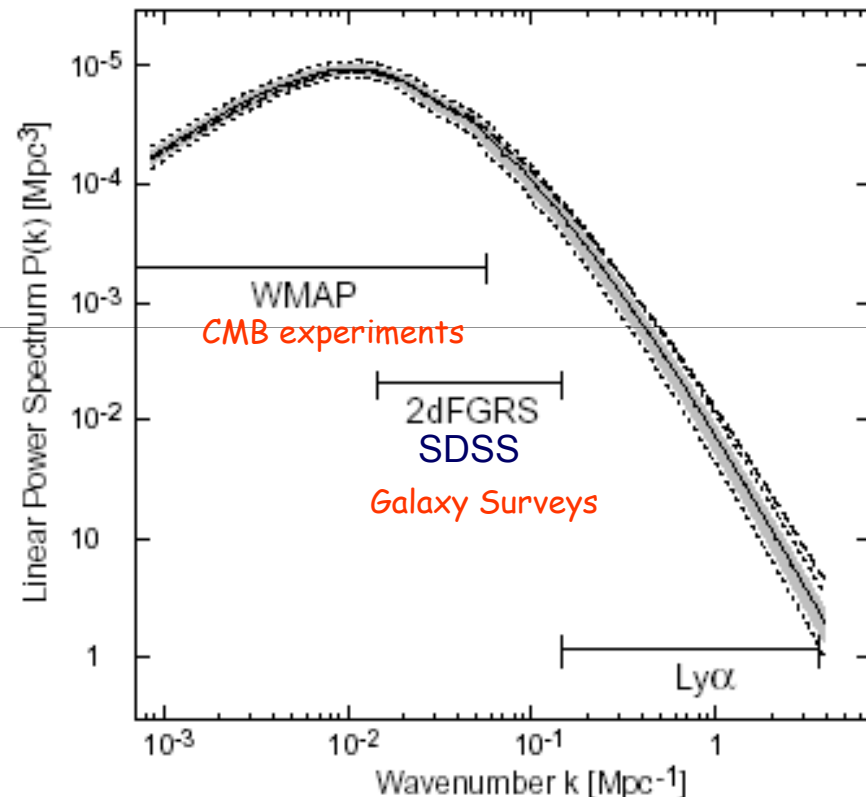
$$\langle \delta(k) \delta(k') \rangle = (2\pi)^3 \hat{\delta}(k - k') P(k)$$

with $\hat{\delta}$ the delta function

Power spectrum is Fourier transform of two-point correlation function

$$\xi(x) = \langle \delta(x_2) \delta(x_1) \rangle = \int \frac{d^3k}{(2\pi)^3} e^{ik \cdot x} P(k)$$

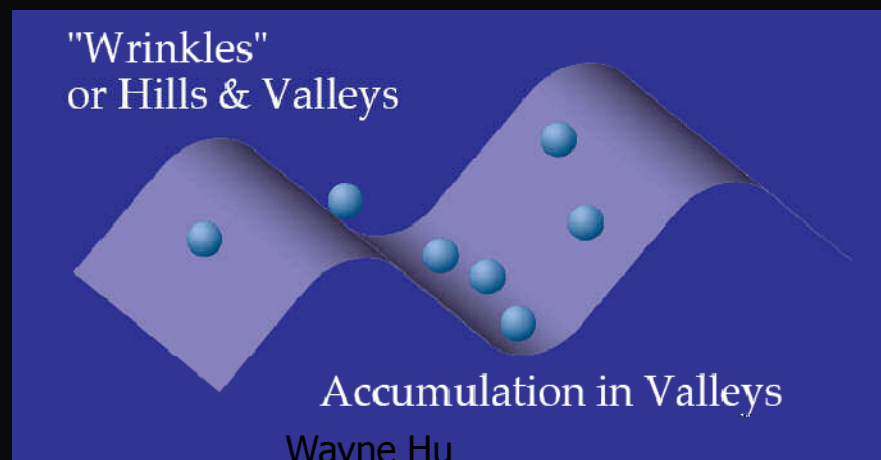
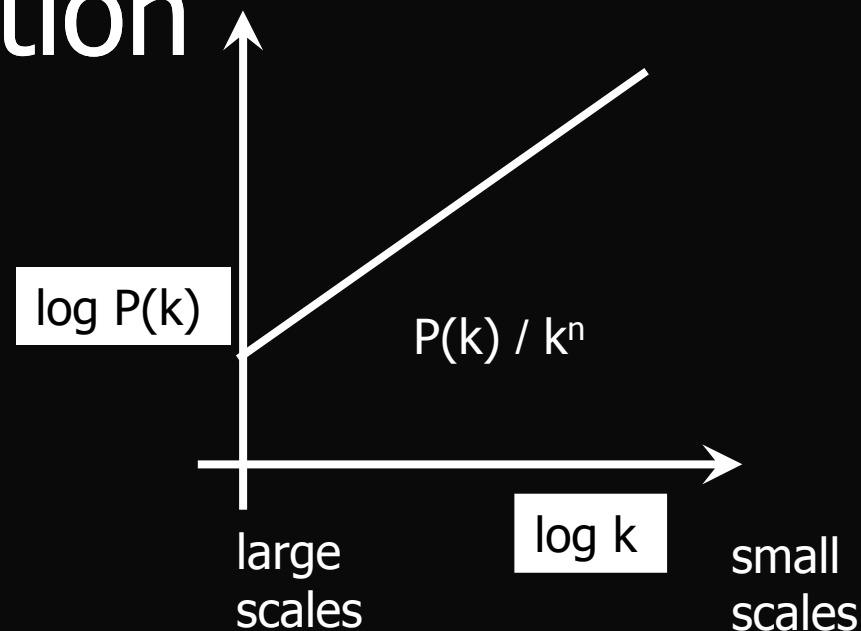
where $x = x_2 - x_1$



Physical understanding of the theoretical prediction

Ingredients

- Assumption about post-inflation $P(k)$
 - Growth due to gravitational collapse
 - Plasma oscillations
 - We will see this in the next lectures...
-
- Inflation predicts $P(k) / k^n$
 - where $n \sim 1$
 - Gravitational collapse amplifies fluctuations



Perturbations from Inflation:

- Quantum Fluctuations arise for this field with r.m.s. (not on syllabus, if interested see QFT: Peacock) this is not an obvious result arising from the equations for a scalar field

$$\delta\phi \simeq \dot{H}/2\pi$$

- Parts of the Universe with different ϕ exit inflation at different times, differing by

$$\delta t = \delta\phi/\dot{\phi}$$

- Hence there is a fractional variation in energy densities on the Hubble radius scale of

$$\delta_H \simeq H\delta t = \frac{H\delta\phi}{\dot{\phi}} = \frac{H^2}{2\pi\dot{\phi}}$$

- While $V \approx \text{constant}$, $H \approx \text{constant}$, so horizon-scale perturbations are roughly constant. This gives *scale invariant* fluctuations

$$P(k)k^3 \propto \Delta^2(k) \propto \delta_H^2$$

- Fluctuations of a certain wave number k cross the Hubble radius when $k^{-1} = 1/(aH)$.

- Power spectrum of density fluctuations (this is on the syllabus)

$$P(k) \propto k^n; \quad n \simeq 1$$

END for now!!!